

The fridge-hiker's guide to life

Over een man die als
weddenschap Ierland liftend doorkruist met een ijskast. Heel grappig geschreven, hoe kan het
ook anders wanneer je zo'n expeditie
onderneemt, maar toch wel met een onderliggende boodschap. Volgende heeft
hij eruit geleerd...

Find the courage to follow your intuition
We are all equal in spirit
There are a lot of people out there waiting to help you
An obstacle is an opportunity
We need less than we think we do
Decide in what direction you want to travel
Pass it on (when someone does good to you, do good to others)
I am responsible for creating my own happiness
Slow down and create some moments of peace
You don't need to show off
Let go of your fears, knowing they are preventing you from reaching your full potential
Worrying is not a good use of your time
Accept, and try to understand
Allow things to unfold
Tolerate, and try not to judge
Be prepared for loss
Tomorrow never comes
Be honest with yourself
Convert a negative thought about somebody (including yourself) or something into a positive
one, and forgive
Focus your attention on the road immediately ahead
Don't take it all so seriously